

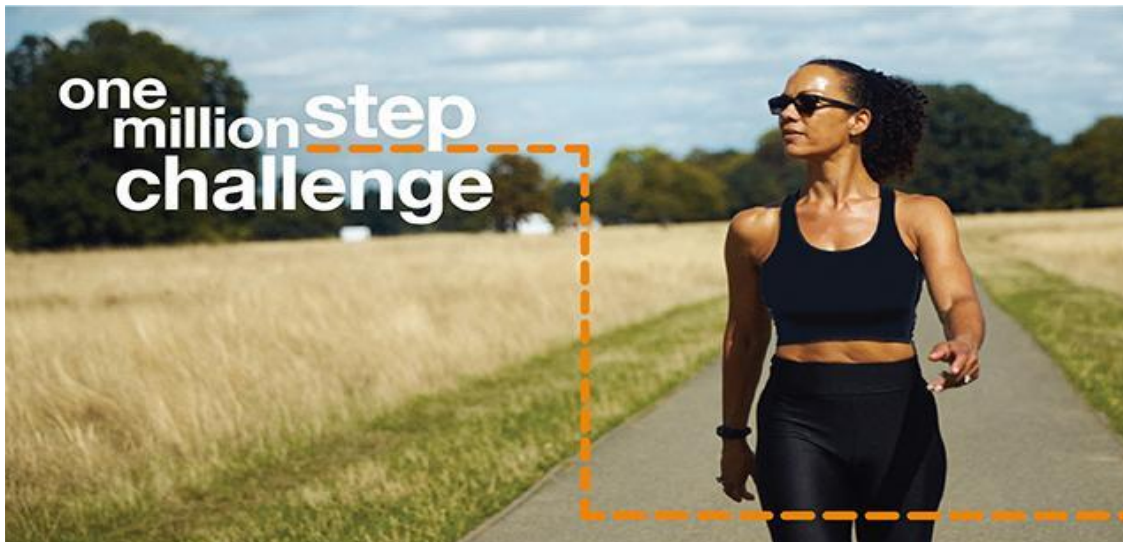


With Team



**DiABETES UK**  
KNOW DIABETES. FIGHT DIABETES.

Launch Their Money Raising Events for Diabetes UK



**JOIN US** at Foundation House, Masons Road Stratford Upon Avon CV37 9JX at **10 45 Wednesday 3<sup>rd</sup> July**

**for the first 10,000 (or 5,000) steps**

to be launched by Actor and Comic **JON-SOL GOURKAN** of

**“KEEP CALM I AM ONLY A DIABETIC”** fame

Between 1 July and 30 September zone. We aim to take one million steps and get sponsored for every stride. We will walk it. Jog It. Dance it, swim it Cycle it. We need to take at least 10,000 steps a day to reach the million, join the team to split the million steps to spread the load

**Come and join us, sponsor us or donate**

**For more info Contact Penny on 07927336783 or [connectingthedotswr@gmail.com](mailto:connectingthedotswr@gmail.com)**

**[www.diabetes.org.uk](http://www.diabetes.org.uk)**

